

**Profile of Mt Cain for Up! magazine**  
**by Suzanne Morphet**

**Intro**

Community-run ski hills aren't known for lengthy vertical drops and waist-deep powder, but at Mt Cain on Vancouver Island you get more than you pay for. A 16-kilometre one-way road (up in the morning, down in the afternoon), brings you to an enchanted alpine valley where skiers creak their way to the 1.8 kilometre summit on two ancient T-bars. It's small, friendly, affordable and fun...so long as the volunteers don't all burn out at once.

**Annual Snowfall**

Three metres is average, but last year brought a whopping 15 metres of dry powder!

**Lift Ticket**

Adults pay \$36/day, youth \$27, children \$15. Seniors and under five ski free. Season-pass holders from other BC resorts get reductions.

**What's New**

A second grooming machine ensures great 'corduroy' on the lower half of the mountain, while new road clearing equipment means fewer problems keeping the access road open.

**The Downside**

Mt Cain is remote; six hours by car from Victoria and 110 kilometres from the nearest airport. Prepare for rustic accommodations with no power or running water and compost toilets.

**Local Secrets**

Many private cabins are equipped with saunas. "You just pour yourself into bed afterwards," says cabin-owner Jeff Jones. Tip: make friends with some locals and hope for an invitation.

**Resort Name:** Mt Cain

**City:** Woss, BC (40 kilometres north, population 700) is nearest community.

**Telephone:** 1-888-668-6622

**Website:** [www.mountcain.com](http://www.mountcain.com)